



American Association of Cardiologists of Indian Origin



2015 - AACIO Newsletter March 2015

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Contact Information

Kul Aggarwal, M.D., President

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AACIO Dinner Meet Spring 2015

Venue: Horton Grand Hotel (Behind the Royal India Restaurant & near the Convention Center)

311 Island Avenue, San Diego, CA 92101

Room: Regal Room;

Phone: (619) 544-1886.

Valet Parking: \$16.00 at the Horton Grand Hotel

15 March 2015

5:15pm-9:00pm

5:15 – 6:25 p.m. Registration and Reception. Appetizers

6:25 – 6:30 p.m. Introduction. Dr. Navin C. Nanda/Dr. Kul Aggarwal

Symposium Directors: Drs. Kul Aggarwal, Navin C. Nanda

6:30 – 6:40 p.m. Familial Amyloidotic Cardiomyopathy. Dr. Pritesh J. Gandhi

6:40 – 7:10 p.m. Novel strategies for management of hyperkalemia. Dr.

Mikhail Kosiborod

7:10 – 7:20 p.m. Discussion and Questions from the Audience

7:20 p.m. Adjournment of Symposium

AACIO Program

7:20 – 7:50 p.m. AACIO Honorees and Young Investigator Awards; Posters

7:50 - 9:00 p.m. Dinner - Indian Cuisine followed by entertainment.

Registration is Complimentary. RSVP to Lindy Chapman, e-mail:

lindyc@uab.edu or phone: 205-934-825614px;> 5:15 – 6:25 p.m.

Registration and Reception. Appetizers

Faculty

Kul Aggarwal, MD, Professor of Clinical Medicine, University of Missouri and

Chief, Cardiology Section, Harry S. Truman Veterans Hospital, Columbia,

Missouri

Pritesh J. Gandhi, PharmD, Vice President, Medical Affairs, Alnylam

Pharmaceuticals, Cambridge, Massachusetts

Mikhail Kosiborod, MD, Professor of Medicine and Medical Director, Saint

Luke's International Heart Care, Saint Luke's Mid America Heart Institute,

University of Missouri-Kansas City, Kansas City, Missouri

Navin C. Nanda, MD, Distinguished Professor of Medicine and

Cardiovascular Disease, Director, Heart Station/Echocardiography

Laboratories, Senior Scientist, Minority Health and Research Center and

UAB Center for Aging, and UAB Comprehensive Cardiovascular Center,

University of Alabama at Birmingham, Birmingham, Alabama

HOLD THE DATE

Fall AACIO Meeting

November 8, 2015

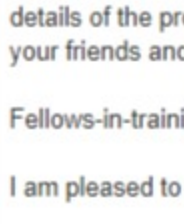
Orlando, Florida

President's Column

NEW AACIO PRESIDENT

It was unanimously decided at the AACIO Board of Directors meeting in November 2014 that *Dr. Hanumanth Reddy* would take over as President of AACIO beginning March 15, 2015. We appreciate very much the tremendous contributions made by Dr. Kul Aggarwal to the AACIO. He has led the association as its President for a longer term, 2010 – 2015, than anyone else in its history. Thank you, Dr. Aggarwal!

President's Column



Dear Friends and Colleagues,

Welcome to the 2015 Spring edition of the AACIO Newsletter. I hope that this year will bring all of you success, happiness and prosperity.

Our last dinner meeting at the time of the AHA was a resounding success in Chicago. The scientific program and dinner were well attended and I would like to

thank all of you for making it a success. The Hon. Consul General of India attended the event and was honored by AACIO.

This year, the American College of Cardiology will be meeting in San Diego. We are putting together another wonderful program and I would like to invite all of you to attend. The

details of the program will be posted on the website at www.aacio.org. We are grateful for your continued active participation. And we would like to encourage you to reach out to

your friends and colleagues and fellows in training to join and participate actively in AACIO.

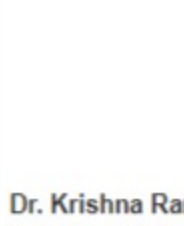
Fellows-in-training as well as recently graduated fellows are encouraged to submit their Research abstracts for the Young Investigator Awards given out at each meeting.

I am pleased to report that our organization continues to gain strength as we approach its 30th anniversary. Hope to see you in San Diego.

Warm Regards,

Kul Aggarwal, M.D., F.A.C.C.

President



NOTE FROM EDITOR, AACIO NEWSLETTER.

AACIO would like to receive News Items about its members or Short Articles of interest for consideration of publication in the next Newsletter.

Please send your items for consideration to Dr. Debashish Roychoudhury, Editor, Email: roychoudhury03@yahoo.com

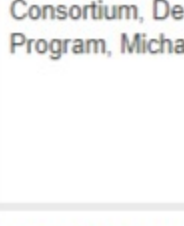
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AACIO Young Investigator Awards



Dr. Krishna Ramaswamy Award

Interventional/EP



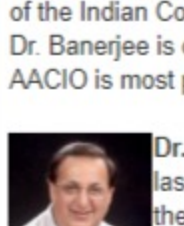
Combining Radiofrequency catheter ablation and watchman procedure: A new approach to prevent thrombo-embolism in Atrial Fibrillation

Mohit Pahuja M.D., Mohammad Zghouzi M.D., Vijay Swarup M.D., Akash Makkar M.D.

St. Joseph's Hospital and Medical Center and Arizona Heart Rhythm Center, Phoenix, Arizona.

Dr. Madhukar Deshmukh Award

Preventive/Imaging

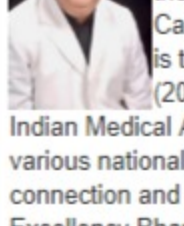


Cardiovascular Disease Performance Measures in the Outpatient Setting in India: Insights from the American College of Cardiology's PINNACLE India Quality Improvement Program (PIQIP)

Ankur Kalra, M.D.,¹ Yashashwi Pokharel, MD, MSC,[†] Ravi S. Hira, MD,[†] Samantha Risch, BS,[‡] Veronique Viera, BS,[‡] Qiong Li, PhD,[‡] Ram N. Kalra, MD,^{*} Prafulla G. Kerkar, MD,^{††} Ganesh Kumar, MD,^{††} Thomas M. Maddox, MD, MSc,[¶] William J. Oetgen, MD, MBA,[‡] Nathan Glusenkamp, MA,[‡] Mintu P. Turakhia, MD, MAS,^{*} Salim S. Virani, MD, PhD,^{§§} ^{*}Department of Medicine, Division of Cardiology, Kalra Hospital SRCNC (Sri Ram Cardio-thoracic & Neurosciences Centre) Pvt. Ltd., New Delhi, India; [†]Minneapolis Heart Institute at Abbott Northwestern Hospital and Department of Medicine, Division of Cardiology, Hennepin County Medical Center, Minneapolis, MN; ^{††}Department of Medicine, Baylor College of Medicine, Houston, TX; [‡]American College of Cardiology Foundation, Washington, DC; [¶]King Edward VII Memorial Hospital and Seth G S Medical College, and Asian Heart Institute and Research Center, Mumbai, India; ^{‡‡} H Hiranandani Hospital, Mumbai, India; ^{¶¶}Veterans Affairs Eastern Colorado Health Care System, Denver, Colorado; University of Colorado School of Medicine, Denver, Colorado; Colorado Cardiovascular Outcomes Research Consortium, Denver, Colorado; ^{§§}Veterans Affairs Palo Alto Health Care System, Stanford University School of Medicine, Palo Alto, CA; ^{§§§}Health Policy, Quality & Informatics Program, Michael E. DeBakey Veterans Affairs Medical Center Health Services Research and Development Center for Innovations, Houston, TX

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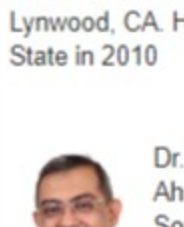
AACIO Honorees



Dr. Amal Kumar Banerjee, Consultant and Interventional Cardiologist, Kolkata, India, graduated from the University of Calcutta and did his MD (General Medicine) and DM (Cardiology) from the same University. He is a Fellow of the American College of Cardiology, European Society of Cardiology, American College of Physicians, Asian Pacific Society of Cardiology, Indian College of Cardiology, Cardiological Society of India (CSI) and Indian College of Physicians. Formerly, he was in the Cardiology Division, Institute of Cardiovascular Sciences, IPGME&R and SSKM Hospital, Kolkata. He is Past President of Cardiological Society of India (CSI), Association of Physicians of India (API) and SAARC Cardiac Society. He was President of API, West Bengal Branch and CSI, West Bengal Branch. He has been actively involved in different academic, scientific and organizational activities of CSI and API for more than 25 years. He has published more than 100 original papers, editorials and review articles in different national and international Journals. He is Advisor and Reviewer of many national and international Journals. He has also contributed to many Text Books and Monographs dealing with Cardiology and Internal Medicine. He has published a "Monograph on Heart Failure" of international repute on behalf of the Indian College of Physicians. He has been invited and has served as a leading faculty in numerous conferences held in India and many other countries throughout the world. Dr. Banerjee is one of the most distinguished and highly respected cardiologists of India and his sagacious advice is sought and followed by all cardiology institutions in India. AACIO is most proud to honor him.



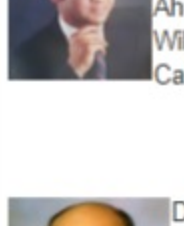
Dr. H.K. Chopra, M.D. is President, Cardiological Society of India and Senior Consultant Cardiologist, working at Moolchand Medcity Hospital in New Delhi for the last 35 years. He is also the President of the World Heart Academy and World Wellness Foundation. He was recently appointed by the American Heart Association as the first Liaison for India. He is Director of the Heart Care Foundation of India and Vice President of Jrop Institute of Echocardiography. He is the editor of text book of Cardiology, Heart Protection Book, CSI Cardiology Update 2014 and the forthcoming Text Book of Hypertension and STEMI Care by Jaypee Medical Publishers. He is the author of the Book "Lifestyle and Health: A Mind Body Capsule" published by Sterling Publisher. He was formerly editor in chief of the Indian Heart Journal (2009-2011) and the Journal of Indian Academy of Echocardiography (2000-2008). He was the Secretary General of IMSA (2006-2009) and formerly President of Indian Medical Association, New Delhi (1994 and 2005). He is also Chairman of Health Committee of ASSOCHAM & SCOPE. He has contributed more than 548 manuscripts in various national and international Journals. He has done pioneering work in echocardiography, thrombolysis in STEMI, clinical and preventive cardiology, mind and heart connection and is recognized all over the world. Recently he was conferred the most prestigious award "Icon in Clinical, Preventive Cardiology and Echocardiography" by his Excellency Bharat Ratna Dr. A.P.J. Abdul Kalam, Former President of India. He authored the first "Heart Wellness Programme" launched by the Health Minister, Govt. of India. He worked with the Swamin and Ganz at University of California, Los Angeles, USA. Ten world Congresses in Cardiology (WCCPCI) have been organized by him under his chairmanship with Dr. Navin C. Nanda as an International President. He has also organized more than 2000 cardiology, public health education and echo workshops for the last 32 years. He is a Fellow of CSI, ISCU, ACC IAE, GSI, IMSA, IMA-AMS, WHA and WHF.



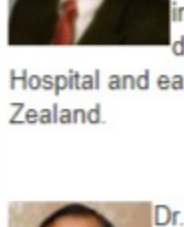
Dr. Sridhara Iyengar, MD, B.Sc., M.D., FRCSC, FACS, FCCP is a Diplomate, American Board of Surgery and American Board of Thoracic Surgery. He is currently practicing Cardiovascular and Thoracic Surgery in Orange County, California, USA. As a young backpack doctor in 1969 he traversed the interiors of Himalayan Mountains to assist the underserved tribal Indians of Siang District, NEFA (Arunachal Pradesh). It was nearly a two week walk from the nearest train station to the village in Northern Himalayan Mountains. Here, a 25 bed log cabin hospital and school for the children was built, and he helped the Government of India build a border road. In addition to practicing medicine, Dr. Iyengar was a teacher, administrator, and also trained the tribal people in progressive cultivation. In June of 1971 he left for North America to pursue advanced education in the field of General Surgery and Cardiovascular and Thoracic Surgery. In 1971 while working as a Surgical Resident in Queen's University, Canada, he got involved in the research work in myocardial preservation during anoxic cardiac arrest and found a successful solution. Since 1977 he has been visiting the hospitals in India to do charitable services in the field of Cardiothoracic Surgery. He has donated his own dedicated services and expensive medical equipment to serve the poor. He has taken a very active role in teaching advanced techniques in the hospitals, lectures in Universities, and the National and International Medical Organizations. Outside of his field of busy medical practice, he has been very actively involved in administrative, social and cultural activities. After 10 years in the University practice as CVT surgeon in Canada, he moved to California in 1988 as Director of Cardiac Surgery at St. Francis Medical Center, Lynwood, CA. He is a recipient of the Detweiler Fellowship from the Royal College of Physician and Surgeons of Canada and recipient of the Rajyotsava Award from Karnataka State in 2010



Dr. Keyur Parikh, MD was born in Tanzania (East Africa). Dr. Parikh completed his MBBS with 3 gold medals from the Smt. N.H.L. Municipal Medical College, Ahmedabad, India. He completed an Internship in Internal Medicine at Case Western University, Cleveland, USA; Residency in Internal Medicine at University of Southern California Medical Center, Los Angeles, USA and Cardiovascular Fellowship including Invasive Cardiology at Kaiser Permanente Medical Center (UCLA/USC), Los Angeles, USA. After successfully practicing as an Interventional Cardiologist in California for several years, he moved to India. He has been extremely successful there and is currently the Chairman of the CIMS Hospital system in Ahmedabad, a 150 bedded multi-specialty state-of-the-art "Green Eco-friendly" Hospital. He has received numerous honors and awards including the 2004 International Service Award by the American College of Cardiology in recognition of his contribution to the ACC. Dr. Parikh has numerous lectures and publications to his credit and has organized many large conferences and workshops on Interventional Cardiology themes. In addition to being a busy educator and clinician running a large hospital, he is engaged in several philanthropic activities.



Dr. Bharat Patel has practiced Urology in Los Angeles since 1982. He was born in Surat, Gujarat in India and graduated from BJ Medical College, Ahmedabad, India. Dr. Patel did his residency in General Surgery and Urology in New York City and then moved to Los Angeles (LA). He is past President of the BJ Medical College Alumni Assn in USA, President of Gujarati Association of LA and current leader of the Association of Los Angeles Physicians of Indian Origin. He is involved in many charitable projects in India and USA and is spearheading efforts to start a Free medical Clinic in Los Angeles for financially distressed people. His passion is standup comedy and he has performed at several venues and conventions of English or Gujarati comedy acts. He has also raised massive funds through hosting charity concerts by super star singers of Bollywood and in August 2014, he raised for ALAPIO \$200,000 in one evening by hosting "Shreya Ghoshal" concert. He is proud of being from India and loves to support other Indian organizations doing good work. AACIO is proud to honor Dr. Patel at their March meeting.



Dr. Jayanti Patel, MD, is currently the President of the Indian Medical Association of Southern California. He is also Chairman of the By-Laws Committee and Member of the Executive Committee at Western Medical Center, Anaheim, California. Dr. Patel received his MBBS in 1965 from the B.J. Medical College, Gujarat University, Ahmedabad, India. He did an Internship at Illinois Masonic Medical Center in Chicago, Illinois and a Residency in General Surgery at both the New-Hanover Hospital, Wilmington, North Carolina and Martin Luther King Jr. Hospital in Los Angeles, California. Dr. Patel has been in a private practice/general surgery in Anaheim, California since July 1982. We are proud to honor Dr. Patel.



Dr. Thomas Peter, MD, F ACC, FACP, FCCP USA is currently Director of Electrophysiology and Electrocardiography, at Cedars-Sinai Medical Center. He is Professor of Medicine in Residence at the David Geffen School of Medicine at the University of California, Los Angeles (UCLA). Dr. Peter has been at Cedars-Sinai Medical Center since 1977 and has been Director of ECG and Electrophysiology for more than 20 years. Dr. Peter was named Holder of the Wasserman Chair in Clinical Electrophysiology in 1997. He was awarded the Excellence in Teaching Award from UCLA, and he has represented the American College of Cardiology by invitations of foreign cardiac societies. Born in India, he received his early medical education at BHU in Varanasi. He is an excellent orator. He received his medical degree in medicine and cardiology at the King Edward Memorial Hospital in Bomba. He moved to Melbourne in 1973, where he worked at the Royal Melbourne Hospital and earned medical degrees in medicine and cardiology at Melbourne University as well as received training in cardiology at Greenlane Hospital in Auckland, New Zealand.

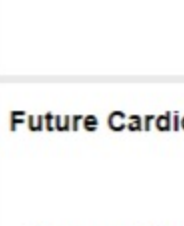


Dr. Manoj Shah, MD, is currently Chief of the Division of Gastroenterology and Nutrition, Department of Pediatrics at Loma Linda University School of Medicine and Medical Director, GI Endoscopy Lab, Loma Linda University Children's Hospital, Loma Linda, California. He graduated from Maharaja Sayajirao University of Baroda, Vadodara, India with both a MBBS and MD (PED). He serves as President, Inland Southern California Organization of Physicians of Indian Origin and Director of the Pacific Region, American Association of Physicians of Indian Origin. AACIO is proud to honor Dr. Shah.

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Members Achievements

NEWS ABOUT AACIO MEMBERS - CONGRATULATIONS



Dr. Chittur A. Sivaram, AACIO Member, has been selected by the Awards Committee and Board of Trustees of the American College of Cardiology to receive the 2015 Gifted Educator Award "in recognition of your innovative, outstanding teaching characteristics and compassionate qualities. Because of these attributes, you have made major contributions to the field of cardiovascular medicine." Dr. Sivaram will receive this Award at the ACC Convocation on March 16, 2015 in San Diego, California



Dr. Kishore Harjai, Member of the AACIO Awards Committee, has been appointed Medical Director, Cardiovascular Center for Clinical Research at Geisinger (Northeast). In this role, he will coordinate cardiovascular research efforts in the Geisinger hospitals and clinics located in Wilkes Barre, PA, and Scranton, PA.



Dr. Navin Nanda receives honors

- Dr. Nanda was appointed International President of the World Simulation Society which was formed last year.
- Dr. Nanda's book "Heart Disease in Women", co-edited by Dr. Nurgul Keser, has just been published. (Jaypee Brothers Medical Publishers).
- Dr. Nanda was recognized as a giant/legend in cardiology and as "a legend in echocardiography" by the Cardiological Society of India at their annual meeting in Hyderabad, December 2014) and the National Institute of Cardiovascular Diseases, Dhaka, Bangladesh (December 2014), respectively.
- Dr. Nanda is the first USA cardiologist to be invited as the Chief Guest to inaugurate the Cardiological Society of India (CSI) annual meetings. This was at the 66th Annual Conference of CSI held in Hyderabad, India December 4-7, 2014

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Future Cardiology/Echocardiography Conferences

31st Annual International Conference on Recent Advances in Echocardiography and Allied Techniques

Sponsored by the International Society of Cardiovascular Ultrasound (ISCU) in conjunction with the University of Alabama at Birmingham Echocardiography Laboratory and the

American Association of Cardiologists of Indian Origin

Conference Director: Dr. Navin C. Nanda

March 13, 2015, 8:00 a.m. – 5:00 p.m.

Venue – Near Convention Center: Omni San Diego Hotel, 675 L Street, San Diego, California 92101,

phone: 1+(619)-231-6664.

Conference Room: Grand Ballroom Salons AB, Located on the 4th Floor

Registration fee: No charge. Light continental breakfast and two coffee breaks will be provided.

For further information contact Lindy Chapman, e-mail: lindyc@uab.edu

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